



6th Annual Cheyenne Day of Giving

Together we can do so much.

When:
8 a.m. to 5 p.m.
Friday, May 13, 2011

Where:
Kiwanis Community House
in Lions Park

Visit www.cheyennetwork.com/dayofgiving
or call 635-3943 or 637-5193
for details.

Donate food and personal care items

- Include all sizes of canned and non-perishable food
- Include trial and regular sizes of personal care items: shampoo, toothpaste, razors... etc.

Donate blood

- Be older than 17 (with parental consent form) and weigh more than 110 lbs.
- Call Greta at 635-3943 for an appointment to give at the Day of Giving on May 13
- Call United Blood Services at 638-3326 to make an appointment to give anytime May 9 - 21 in the name of Day of Giving

Donate prescription eyeglasses and over-the-ear hearing aids to Lions Club

Donate durable medical equipment

- Able to accept walkers, shower chairs, toilet risers, commodes, usable wheelchairs with foot rests, and other small items
- Due to limited storage space, unable to accept hospital beds and chairs
- Call Mary at Wyoming Independent Living, 637-5127, for more information

Donate leftover medication

- Give to Wyoming Medication Donation Program
- Bring medication in original bottle or blister pack

Register as a bone marrow donor*

- Be 18 - 60 years old and in good general health
- Answer some confidential health questions and do four cheek swabs
- Call the Colorado Marrow Donor Program at 1-800-619-1099 for more info
- Contribute what you can toward the cost of tissue typing

Register as an organ and tissue donor*

- Sign up with the Colorado Donor Alliance at the Cheyenne Day of Giving or
- Go to www.donoralliance.org for more information or to register

*Those who are already registered need not register again.

Questions? Call Greta Morrow at 635-3943 or Pam Pallak at 637-5193. Also visit www.cheyennetwork.com/dayofgiving.